

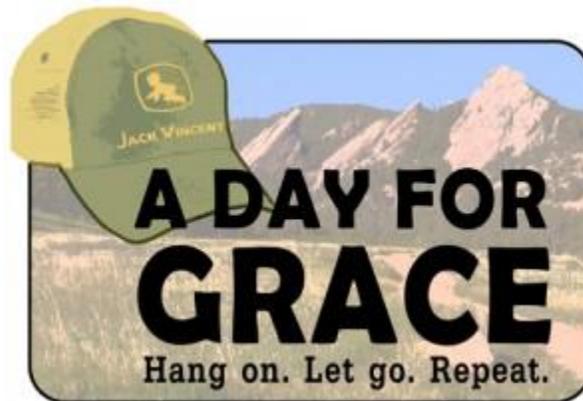
For Immediate Release

August 1, 2012

Media Contact: Rex Fuller, 303.744.9447, Rex80204@msn.com

www.boulderstoryhealers.org/a-day-for-grace-press

www adayforgraceshow.com



SNEAK PREVIEW! Two Nights Only!
Boulder StoryHealers presents

A DAY FOR GRACE

Written and Performed by Doug Vincent
With Music by Sam Llanas (formerly of the BoDeans)
Directed by Tanya Taylor Rubinstein
With Special Guests

Tuesday, August 21, 2012, 8:00 pm
Wednesday, August 22, 2012, 8:00 pm

VooDoo Comedy Playhouse
1260 22nd St. in Denver, Colorado
(Near Coors Field, between Larimer and Lawrence on 22nd)

Tickets: \$25

Online: voodoocomedy.com

By phone: 303.578.0079

**Proceeds benefit Boulder StoryHealers, The Junior Seau Foundation and
The American Foundation for Suicide Prevention**

DENVER, CO—Boulder StoryHealers presents two Denver preview performances of Doug Vincent's newest work, *A Day for Grace*, prior to its debut in Chicago, New York and Boulder in the coming months.

A perfect day in the Colorado sunshine with his two-year old daughter inspires a young man to recall his own coming of age as he faces the sometimes hilarious and sometimes tragic realities of growing up and becoming a father himself. Inspired by real-life events, Doug Vincent's *A Day for Grace* introduces a vivid cast of characters as the performer remembers his own childhood, the love of sports he inherited from his father, the uneasy birth of his daughter, and the sometimes troubled relationship with his parents. A heartfelt and moving story lightened by laughter, Vincent tells the story of facing his father's suicide while he questions his own ability to meet the demands of being a parent. Musician Sam Llanas (formerly of the roots rock group the BoDeans) weaves his music into the story to create a vivid counterpoint to the darkly funny tale.

"Becoming a father for the first time ain't for the faint of heart," said creator Doug Vincent about his new show. "The realization that this is huge new responsibility. Those haunting ghosts from the past. That crabby delivery room nurse. They can all come together and force you to face the demons of your past and family truths you weren't quite ready for." Vincent describes *A Day for Grace* as "the story of an uncertain birth with unforeseen complications." *A Day for Grace* includes live performances of music by Sam Llanas.

When Vincent described his story to rocker Llanas and his accomplished producer Gary Tanin, all felt inspired to incorporate music into the show from Llanas' 1998 album "A Good Day to Die," his newest release, "4 A.M. (The Way Home)" and other songs written by Llanas, into Vincent's story. Filled with haunting and bittersweet childhood memories, Vincent and Llanas agreed that the music was a perfect emotional compliment to Vincent's story.

Boulder StoryHealers is a newly formed nonprofit organization that uses contemporary storytelling to aid in the healing of those dealing with trauma or other adversity. As one of the founders of Boulder StoryHealers, Vincent developed the story for *A Day for Grace* with director and mentor Tanya Taylor Rubinstein through an intensive workshop process. Following the Denver performances, *A Day for Grace* will travel to the Chicago Fringe Festival for performances on August 31, September 1 and 2, and for performances over two weekends at New York's Stage Left Studio, September 6 through 9 and September 13 through 16.

The performances will benefit Boulder StoryHealers' ongoing mission to promote healing by working with those who face trauma, illness and adversity in a therapeutic process in which participants develop monologues of their experiences which they perform in public for family, friends, and supporters.

A lifelong sports fan, Vincent is especially excited to receive encouragement from members of the CU Buffs football team for this project. "I bleed Black and Gold," he commented. Former members and coaches of the CU Football team will be attending the Denver performances and signing autographs. All performances are dedicated to former CU Buff Gabe Oderberg who died in 2004 and his father Nate Oderberg. After meeting Nate, Vincent found a kindred soul. "We're partners in this thing now," says Nate. Proceeds from the Denver performances will also benefit the Junior Seau Foundation, created by the late NFL star, and The American Foundation for Suicide Prevention, as well as Boulder StoryHealers.

Future performances are in the planning stages for San Diego, CA. And Boulder StoryHealers will feature encore benefit performances at their first annual benefit at eTown Hall in Boulder on November 16 and 17.

More information about future performances is available at www.boulderstoryhealers.org and www adayforgraceshow.com.

About Doug Vincent (Writer and Performer)

Born into a humor soaked storytelling small town Virginia family, Doug quietly absorbed inspired tales from goofy masters. An accomplished improv comedian, he's written and performed with comedy troupes such as ACME Comedy Players, The Traveling Susans, and On the Spot, as well as comedy venues such as Bovine Metropolis, Madcap Theater and Comedy Works. But it was with Tanya Taylor Rubinstein and Project Life Stories that Doug found his true calling as a solo performer. Through his non-

profit Boulder StoryHealers, Doug helps groups facing trauma, illness and adversity to fully experience their true healing voice through the power, poignancy and humor of honest storytelling in a deeply supportive environment. His business Boulder Solo Shows offers services for all aspects of solo show writing, development and production. From workshops to coaching, directing, marketing and producing, Doug can help individuals develop their solo shows, editing the story down to the bone and infusing it with heart and soul.

www.boulderstoryhealers.org

www.bouldersoloshows.com

About Sam Llanas (Musician)

Sam Llanas is a singer, acoustic guitarist, and songwriter in several rock and roots rock bands active from the 1980s to the 2000s, including the BoDeans and Absinthe. Sam is known for his unusual and distinctive voice. Llanas was one of the founding members of the roots rock band the BoDeans, which he formed with high school friend Kurt Neumann in Waukesha, Wisconsin. In 1985, after adding Guy Hoffman (drums) in 1984 and Bob Griffin (bass), the quartet signed a contract with Slash/Warner Records. Under the guidance of producer T-Bone Burnett, they entered Hollywood's Sunset Sound Factory in October to record their first album. The critically acclaimed debut "Love & Hope & Sex & Dreams" was released in 1986. In the late 1980s and early 1990s, the band had several singles in the top 40 mainstream rock charts. In the mid-1990s, the band had two top 10 songs in the adult contemporary" charts. The BoDeans took some time off in the late 1990s so Neumann and Llanas could record solo albums. Llanas founded Absinthe, with the help of Milwaukee musicians Jim Eannelli (guitars and bass) and Guy Hoffman (formerly of Oil Tasters and Violent Femmes, currently of Radio Romeo). They have released one album, 1998's "A Good Day To Die." In 2011 Sam Llanas released "4 A.M. (The Way Home)" on the Inner Knot Records label, left the BoDeans and is now pursuing a solo career.

www.samllanas.com

www.facebook.com/SamLlanas

About Tanya Taylor Rubinstein (Director)

Tanya is a professionally trained actor and writer who has devoted her professional career to the art of solo performance. In 1984, while studying acting professionally at Emerson College in Boston, Tanya had an encounter that would change the direction of her life. She went to see the late Spalding Gray perform one of his soon to be famous personal monologues. She was nineteen years old and decided as she left the theater that night that the authenticity and intimacy of solo performance was what she wanted to devote her life to. In 1991, Tanya moved to Santa Fe, New Mexico and began to write and perform her own one woman shows. Since then, she has written, performed, produced and directed a vast number of solo shows. Actors, writers and other creative people fly into Santa Fe regularly to work with Tanya to create their own solo shows at her Solo Performance Bootcamp. Currently Tanya is also focusing on training others who want to become solo performance coaches and directors in their own communities. She is also the founder of The Therapeutic Monologue Process which utilizes personal storytelling as a healing modality and it is a key component of her organization Project Life Stories.

www.projectlifestories.org

About Boulder StoryHealers (Producer)

Boulder StoryHealers utilizes contemporary storytelling to process and aid in emotionally healing those who have faced trauma, illness and adversity. Participants develop monologues in intensive workshops to fully experience their true healing voice through the power and humor of honest storytelling. In this environment, the group monologues are shared in a culminating public performance that benefits the group and foundations that support their population. Doug Vincent, Boulder StoryHealers Executive Director, facilitates workshops and directs Boulder StoryHealers performances. In addition to Denver, Chicago, New York, and San Diego performances of *A Day for Grace*, Boulder StoryHealers will produce a

benefit performance in November at Boulder's eTown Hall that will enable the group to continue its work, as well as continue to pay it forward to other nonprofits.

Boulder StoryHealers will begin a new series of workshops in 2013. We are able to choose the groups we work with and try to attend to those in the community that have the deepest needs. Plans for future workshops will include people affected by cancer, people affected by the recent Colorado wildfires, and people affected by the Aurora shooting.

www.boulderstoryhealers.org

#####